

Count Your Many Blessings

All of us have problems and they can at times overwhelm us. If you come to know anyone deeply enough you'll discover they too have problems. Usually everyone feels that their problems are the worst of all problems. It is in this kind of situation we need to pause and remember our blessings in order to see our problems in proper perspective.

An attitude of "count your many blessings, name them one by one" will change our basic life attitudes from negative to positive. If we can see our day-to-day problems and even our longer-range problems against a background of our blessings, our lives can be much happier, and we will be much more constructive in facing our problems.

Let's focus our attention on our blessings. Let's think of what we do have instead of what we do not have. It would be good exercise for each one of us to sit down and make a list of all our blessings, and then to post the list in some prominent place where we can see it daily as we go about our usual routines. We must let the positive dominate our thinking in order not to become negative-minded and pessimistic.

God has made us in His own image, giving us the realization we are living souls, and we will live eternally. Let's remember the words of James, "Every good gift and every perfect gift is from above, coming down from the Father of lights..." (Jas. 1:17).

If we want to be happy and pleasing to God, we must take the time to count our many blessings and name them one by one. You, our Karns family, represent more than 300 blessings to me and my family.

For the elders,
Gregg Woodall