

# Every Day Is A Holiday

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**By Justin Morton**

In high school I had a football coach who had a saying he would drill into our minds almost every day. The saying was simple, yet profound. At the beginning of practice he would shout, "Boys, every day is a holiday and every meal is a feast." Now, I have to admit, at first I did not quite understand the point my coach was trying to make. After all, how is every day a holiday, especially when you are on a practice field in temperatures 90 degrees and above?

It was not until a few weeks later I began to see exactly what my coach wanted us to see when he would give us those words of inspiration. He wanted us to see every day we came to practice as a blessing. We had the privilege and opportunity to participate in a sport we all loved to play. If we viewed each day as a privilege, we would be more likely to make the most of that day.

Here I am 12 years later, and I still think back to that old saying and the wisdom behind it. I have now come to realize every day I wake up should be viewed as a special day, a day that I have an opportunity to enjoy and use for good. Even though at times the world around us is depressing and seems almost hopeless, each day we wake up is another opportunity God has given us to make a difference in the lives of those around us. How will we choose to view each new day?

Friends, each day we wake up should be viewed as a holiday, a special day to use for God's glory. Instead of viewing it with dread, try viewing it with excitement and anticipation. Think of all the endless possibilities that lie before us, some of which we have not even taken hold of yet. Every day truly is a holiday.

*This is the day which the Lord has made; let us rejoice and be glad in it (Psalm 118:24).*